

Julissa Navas

julissa_navas@berkeley.edu

Education

| | |
|--|---------------------------------|
| Ph.D., School Psychology | Spring 2024 (<i>expected</i>) |
| M.A., Education | Fall 2021 |
| University of California, Berkeley, Berkeley, CA | |
| GPA: 4.0 | |
| B.A., Psychology | June 2019 |
| B.A., Education Sciences | |
| University of California, Irvine, Irvine, CA | |
| GPA: 3.95, <i>summa cum laude</i> | |

Doctoral Practicum Experience

Psychoeducational Assessment at Frank C. Havens Elementary School and Millennium High School
Piedmont Unified School District, Piedmont, CA Spring 2021

- Conducted classroom observations and clinical interviews with both students and parents (in-person and online over Zoom).
- Consulted and collaborated with the supervising school psychologist, administrators, teachers, and other multidisciplinary team members.
- Completed 5 comprehensive psychoeducational evaluations, wrote comprehensive reports, and presented results at multidisciplinary team meetings.

Mental Health Consultation at Vincent Academy, *Oakland Unified School District, Oakland, CA* Fall 2021 – Spring 2021

- Actively listened, asked focused questions, shared student observations and data, and exchanged ideas for interventions with teachers during consultation sessions in order to address the needs of students.
- Provided teachers with encouragement and provided ongoing consultation support to empower them to try new interventions in the classroom.

Intervention at Vincent Academy, *Oakland Unified School District, Oakland, CA* Fall 2021 – Spring 2021

- Delivered a social and emotional learning intervention to small groups of students (online over Zoom).
- Designed, implemented, and monitored an intervention plan for a student with academic and behavioral concerns.
- Collaborated with an interdisciplinary team to develop, choose, and implement interventions at the classroom and school level.

Professional and Clinical Experience

Crisis Care Coach at Help Online, *Oakland, CA* August 2021 – *Present*

- Provide non-judgmental confidential support via text messages to anonymous individuals in emotional distress from across the world.
- Connect individuals to additional mental health, wellness, and basic needs resources.

- Complete Crisis Care Coach Training to further develop skills in crisis intervention, suicide prevention support, cultural competency, trauma informed care, and safety planning.

Graduate Peer Support Provider at UC Berkeley, *Berkeley, CA*

August 2021 – *Present*

- Conduct research on the breadth of existing campus resources.
- Design and maintain a comprehensive resource guide to empower graduate students to navigate and choose the resources they need.
- Offer private one-on-one consultation sessions each week to any and all graduate students seeking support.

Graduate Student Researcher at UC Berkeley’s Academic Teacher Development Program (ATDP), *Berkeley, CA*

February 2021 – *Present*

ATDP Staff Member

- Engage in marketing research and arrange online advertisements of summer programs.
- Coordinate outreach to school administrators, students, and families regarding scholarship awards, enrollment deadlines, and other relevant information.
- Analyze student feedback survey data and develop comprehensive end-of-year reports.

ATDP Academic Counselor

- During the summer, provide academic support and counseling to a small group of students (online over Zoom).
- Hold individual check-in meetings on class progress and student’s overall mental health and well-being.
- Design and teach lessons on academic “soft skills” and social emotional skills.

Kindergarten Teacher at Calvary Murrieta, *Murrieta, CA*

August 2017 – May 2019

- Supported students’ development of early reading and literacy skills, mathematical skills, and social skills.
- Engaged students in learning through play, music, storytelling, and individual and group activities.
- Consulted other teachers on ways to improve student engagement and addressed problem behavior in the classroom.
- Communicated with parents regarding child’s behavior and progress in class.

Reading Tutor at Heninger Elementary School, *Santa Ana, CA*

January 2018 – June 2018

- Assisted in the Reading One-to-One Program directed by Dr. George Farkas.
- Used phonic-based and whole-language approaches to reading to tutor students in first and second grade.
- Maintained detailed records of students’ progress.
- Analyzed the results and effectiveness of the tutoring program in a final report.

High School Subjects Tutor at Murrieta Mesa High School, *Murrieta, CA*

January 2014 – June 2015

- After-school peer tutor for students struggling in English, Spanish, Algebra, Geometry, Precalculus, or Statistics.

Other Work Experience

Food Service Worker at Epic Wings, *Murrieta, CA*

August 2016 – June 2019

- X

- Y
- Z

Research Experience

Sarnecka Cognitive Development Lab, Cognitive Sciences, UC Irvine:

RESEARCH ASSISTANT

Spring 2018 – Spring 2019

Testing at Local Schools and Museums

- Recruited child participants with parental consent, conducted experiments with children, and collected data.
- Trained new research assistants on recruitment protocol and data collection methods.

Lab Administration

- Inputted, coded, and organized data.
- Inputted and organized participation records of subjects and their families.
- Trained new research assistants on the entry of data, demographic information, and participation records.

INDEPENDENT UNDERGRADUATE RESEARCHER

Spring 2018 – Spring 2019

Inattentive Blindness in Children Study

- Independent developmental research conducted under the supervision of Dr. Barbara Sarnecka.
- Conducted child-friendly attention task inspired by the Simons and Chabris' Gorilla Task with children ages 3 to 12 years old.
- Analyzed how cognitive flexibility and perceptual load influence inattentive blindness levels across age.

Decision Making Under Uncertainty Study

- Independent developmental research conducted under the supervision of Dr. Barbara Sarnecka.
- Tested children's decision-making behaviors when presented with a child-friendly bandit task involving three machines with different probabilities of rewards.

Conference Presentations

Bessette, M., Chang, V., Lee, J., Navas, J., Saldivar, N., & Worrell, F. C. (2021, May). *Perfectionism in a sample of secondary school students in Trinidad* [Poster presentation]. Association for Psychological Science Virtual Convention, Los Angeles, CA.

Navas, J. (2021, April). *The relationship between teacher expectations, teacher practices, and student achievement* [Paper presentation]. Graduate School of Education Research Day, Berkeley, CA.

Navas, J., Howse, H., & Garcia, E. (2019, May). *Expecting the unexpected: Examining inattentive blindness across age* [Poster presentation]. Symposium on Cognitive and Language Development, Los Angeles, CA.

Navas, J., Howse, H., & Garcia, E. (2019, May). *Expecting the unexpected: Examining inattentive blindness across age* [Poster presentation]. University of California Irvine Undergraduate Research Symposium, Irvine, CA.

Pineda, F., Singh, T., Fogarty, K., Harder, E., Navas, J., & Hand, M. (2018, May). *Children knowingly make their own mistakes to learn more; Do children explore the world differently than adults* [Poster presentation]? Symposium on Cognitive and Language Development, Irvine, CA.

Pineda, F., Singh, T., Fogarty, K., Harder, E., Navas, J., & Hand, M. (2018, May). *Children knowingly make their own mistakes to learn more; Do children explore the world differently than adults* [Poster presentation]? University of California Irvine Undergraduate Research Symposium, Irvine, CA.

Research Papers

Navas, J. (2021, December). *The relationship between teacher expectations, teacher practices, and student achievement*. University of California Berkeley Graduate School of Education, Berkeley, CA.

Longtin, M., Gelgoot, E., Lee, J. Y., Luo, E., Miller, Q., Navas, J., & Yu, K. (2021, May). *The Almost Perfect Scale-Revised and profiles of adolescent perfectionism*. University of California Berkeley Graduate School of Education, Berkeley, CA.

Fellowships, Grants, and Honors

Social Sciences Order of Merit - UC Irvine June 2019
Awarded for excellence in academics, research, and service to the UCI campus and community.

Chancellor's Award of Distinction - UC Irvine June 2019
Awarded for commitment to research, leadership, and service to the UCI campus and community.

Dean's List - UC Irvine Fall 2015 – Spring 2019

Chancellor's Fellowship for Graduate Study - UC Berkeley March 2019
Full financial support for doctoral studies.

Undergraduate Research Opportunities Program Grant - UC Irvine January 2019
Funding to complete a research study on inattentive blindness in children.

MMHS Pechanga Scholarship - Dollars for Scholars March 2015
Awarded for outstanding academic achievement (funding for first year of college).

Professional Affiliations

Member, American Educational Research Association, 2020 – Present

Member, American Psychological Association, 2019 – Present

Member, Graduate School of Education's Research Day Organizing Committee, UC Berkeley, 2019 – Present

Member, School Psychology Student Association, UC Berkeley, 2019 – Present

Member, School Social Work Association of America, 2020 – 2021

Skills

Computer: Berkeley Assessment System Software, Google Drive, Microsoft Office, Qualtrics, REDCap, Stata, WordPress

Design and Editing: Canva, Clip Studio Paint, Webnode, WeVideo

Language: Intermediate Spanish