

Julissa Navas

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Education

Ph.D., School Psychology	Spring 2026 (<i>expected</i>)
M.A., Education	Spring 2022
University of California, Berkeley, Berkeley, CA	
GPA: 4.0	
B.A., Psychology	June 2019
B.A., Education Sciences	
University of California, Irvine, Irvine, CA	
GPA: 3.95, <i>summa cum laude</i>	

Doctoral Practicum Experience

<p>Psychotherapy at Mosaic Outpatient Program at Hayward High School <i>Seneca Family of Agencies, Oakland, CA</i></p> <ul style="list-style-type: none"> Completed clinical assessments and developed treatment plans for 7 new intake clients. Provided psychoeducation, cognitive behavioral therapy, dialectical behavioral therapy, attachment-based psychodynamic therapy, and skills training during individual and group therapy sessions with clients. Provided collateral and case management services to clients and their families, as needed. Consulted and collaborated with the supervising clinician, clients' families, and other multidisciplinary team members. 	Fall 2022 – Spring 2023
<p>Psychoeducational Assessment at UC Berkeley Psychology Clinic, <i>Berkeley, CA</i></p> <ul style="list-style-type: none"> Conducted classroom observations and clinical interviews with referred child and caretakers. Consulted and collaborated with the supervising school psychologist, supervising clinical psychologist, and supervising advanced graduate student. Completed 1 comprehensive psychoeducational evaluation, wrote a comprehensive report, and discussed results with the child's family. 	Spring 2022
<p>Psychoeducational Assessment at Frank C. Havens Elementary School and Millennium High School <i>Piedmont Unified School District, Piedmont, CA</i></p> <ul style="list-style-type: none"> Conducted classroom observations and clinical interviews with both students and parents (in-person and online over Zoom). Consulted and collaborated with the supervising school psychologist, administrators, teachers, and other multidisciplinary team members. Completed 5 comprehensive psychoeducational evaluations, wrote comprehensive reports, and presented results at multidisciplinary team meetings. 	Spring 2021
<p>Mental Health Consultation at Vincent Academy, <i>Oakland Unified School District, Oakland, CA</i></p> <ul style="list-style-type: none"> Actively listened, asked focused questions, shared student observations and data, and exchanged ideas for interventions with teachers during consultation sessions in order to address the needs of students. 	Fall 2020 – Spring 2021

- Provided teachers with encouragement and provided ongoing consultation support to empower them to try new interventions in the classroom.

Intervention at Vincent Academy, *Oakland Unified School District, Oakland, CA*

Fall 2020 – Spring 2021

- Delivered a social and emotional learning intervention to small groups of students (online over Zoom).
- Designed, implemented, and monitored an intervention plan for a student with academic and behavioral concerns.
- Collaborated with an interdisciplinary team to develop, choose, and implement interventions at the classroom and school level.

Professional and Clinical Experience

Academic Student Employee (Reader) at UC Berkeley, *Berkeley, CA*

August 2023 – *Present*

- Grade school psychology graduate students' psychoeducational assessment protocols.
- Conduct video recorded observations of graduate students administering psychoeducational assessments.
- Provide detailed feedback to graduate students about their testing skills.

Graduate Peer Support Provider at UC Berkeley, *Berkeley, CA*

August 2021 – May 2023

- Conducted research on the breadth of existing campus resources and accessibility of existing resources.
- Designed and led graduate student workshops offered in-person and online on topics such as self-care, finding community, navigating academia with ADHD, and more.
- Offered one-on-one consultation sessions each week to graduate students seeking support.

Graduate Student Researcher at UC Berkeley's Academic Teacher Development Program (ATDP), *Berkeley, CA*

February 2021 – May 2023

ATDP Staff Member

- Engaged in marketing research and arranged online advertisements of summer programs.
- Coordinated outreach to school administrators, students, and families regarding scholarship awards, enrollment deadlines, and other relevant information.
- Analyzed student, parent, and teacher feedback survey data and developed comprehensive end-of-year reports.

ATDP Academic Counselor

- During the summer, provided academic support and counseling to individual and small groups of students (in-person and online over Zoom).
- Designed and taught lessons on academic "soft skills" and social emotional skills.
- Consulted and collaborated with teachers to develop, implement, and monitor new interventions in their classrooms to better support the academic and social emotional needs of their students.

Volunteer Experience

Children's Ministry Team Captain at VIVE Oakland, *Oakland, CA*

September 2023 – *Present*

- Oversee a team of 15 volunteer teachers, communicating effectively to ensure entire team has the same vision, priorities, and understanding of VIVE Oakland's children's ministry policies, procedures, and responsibilities.

- Mentor and train new volunteer teachers on understanding and following VIVE Oakland's children's ministry handbook and curriculum.
- Create, plan, and implement social, emotional, and behavioral interventions for individual children and groups of children.
- Share team reports and consult with lead pastor on a weekly basis regarding strengths and weaknesses of the team, successes and challenges in the classroom, and planning for special events.
- Coordinate and manage all budgeting responsibilities for VIVE Oakland's children's ministry.

Children's Ministry Teacher at VIVE Oakland, *Oakland, CA*

August 2020 – Present

- Prepare for and teach children ages 2 to 11 faith-based lessons using play, crafts, music, storytelling, and other multisensory activities.
- Support children's development of early reading and literacy skills, mathematical skills, and social skills.
- Attend monthly team meetings, leadership training, and teacher training sessions.

Crisis Care Coach at Help Online, *Oakland, CA*

August 2021 – July 2022

- Provided non-judgmental confidential support via text messages to anonymous individuals in emotional distress from across the world.
- Connected individuals to additional mental health, wellness, and basic needs resources.
- Completed Crisis Care Coach Training to further develop skills in crisis intervention, suicide prevention support, cultural competency, trauma informed care, and safety planning.

Children's Ministry Teacher at Calvary Murrieta, *Murrieta, CA*

August 2017 – May 2019

- Engaged children ages 4 to 5 in learning through play, music, storytelling, and individual and group activities.
- Supported school-aged children's development of early reading and literacy skills, mathematical skills, and social skills.
- Communicated with parents regarding child's behavior and progress in class.

Reading Tutor at Heninger Elementary School, *Santa Ana, CA*

January 2018 – June 2018

- Assisted in the Reading One-to-One Program directed by Dr. George Farkas.
- Used phonic-based and whole-language approaches to reading to tutor students in first and second grade.
- Maintained detailed records of students' progress.
- Analyzed the results and effectiveness of the tutoring program in a final report.

High School Subjects Tutor at Murrieta Mesa High School, *Murrieta, CA*

January 2014 – June 2015

- After-school peer tutor for students struggling in English, Spanish, Algebra, Geometry, Precalculus, or Statistics.

Other Work Experience

Summer Camp Counselor, UC Berkeley Youth Recreation, *Albany, CA*

June 2024 – August 2024

Food Service Worker at Epic Wings, *Murrieta, CA*

August 2017 – June 2019

Research Experience

Sarnecka Cognitive Development Lab, Cognitive Sciences, UC Irvine:

RESEARCH ASSISTANT

Spring 2018 – Spring 2019

Testing at Local Schools and Museums

- Recruited child participants with parental consent, conducted experiments with children, and collected data.
- Trained new research assistants on recruitment protocol and data collection methods.

Lab Administration

- Inputted, coded, and organized data.
- Inputted and organized participation records of subjects and their families.
- Trained new research assistants on the entry of data, demographic information, and participation records.

INDEPENDENT UNDERGRADUATE RESEARCHER

Spring 2018 – Spring 2019

Inattentive Blindness in Children Study

- Independent developmental research conducted under the supervision of Dr. Barbara Sarnecka.
- Conducted child-friendly attention task inspired by the Simons and Chabris' Gorilla Task with children ages 3 to 12 years old.
- Analyzed how cognitive flexibility and perceptual load influence inattentive blindness levels across age.

Decision Making Under Uncertainty Study

- Independent developmental research conducted under the supervision of Dr. Barbara Sarnecka.
- Tested children's decision-making behaviors when presented with a child-friendly bandit task involving three machines with different probabilities of rewards.

Conference Presentations

Navas, J. (2024, April). Ethnic-racial and gender-based differences in high schoolers' school climate perceptions, motivation, academic self-concept, and GPA [Paper presentation]. Berkeley School of Education Research Day, Berkeley, CA.

Bessette, M., Chang, V., Lee, J., **Navas, J.**, Saldivar, N., & Worrell, F. C. (2021, May). *Perfectionism in a sample of secondary school students in Trinidad* [Poster presentation]. Association for Psychological Science Virtual Convention, Los Angeles, CA.

Navas, J. (2021, April). *The relationship between teacher expectations, teacher practices, and student achievement* [Paper presentation]. Berkeley School of Education Research Day, Berkeley, CA.

Navas, J., Howse, H., & Garcia, E. (2019, May). *Expecting the unexpected: Examining inattentive blindness across age* [Poster presentation]. Symposium on Cognitive and Language Development, Los Angeles, CA.

Navas, J., Howse, H., & Garcia, E. (2019, May). *Expecting the unexpected: Examining inattentive blindness across age* [Poster presentation]. University of California Irvine Undergraduate Research Symposium, Irvine, CA.

Pineda, F., Singh, T., Fogarty, K., Harder, E., **Navas, J.**, & Hand, M. (2018, May). *Children knowingly make their own mistakes to learn more; Do children explore the world differently than adults* [Poster presentation]? Symposium on Cognitive and Language Development, Irvine, CA.

Pineda, F., Singh, T., Fogarty, K., Harder, E., Navas, J., & Hand, M. (2018, May). *Children knowingly make their own mistakes to learn more; Do children explore the world differently than adults* [Poster presentation]? University of California Irvine Undergraduate Research Symposium, Irvine, CA.

Research Papers

Navas, J. (2024, February). *Ethnic-racial and gender-based differences in high schoolers' school climate perceptions, motivation, academic self-concept, and GPA*. University of California Berkeley, Berkeley School of Education, Berkeley, CA.

Navas, J. (2021, December). *The relationship between teacher expectations, teacher practices, and student achievement*. University of California Berkeley, Berkeley School of Education, Berkeley, CA.

Longtin, M., Gelgoot, E., Lee, J. Y., Luo, E., Miller, Q., Navas, J., & Yu, K. (2021, May). *The Almost Perfect Scale-Revised and profiles of adolescent perfectionism*. University of California Berkeley, Berkeley School of Education, Berkeley, CA.

Other Professional Works

Navas, J., Faraci, N., Aronson, S. Agarwal, A., Jones, M., & Miller, Q. (2020, May 16). *After a crisis*. University of California Berkeley. <https://schoolpsychproject.webnode.com>

Fellowships, Grants, and Honors

Social Sciences Order of Merit - UC Irvine June 2019
Awarded for excellence in academics, research, and service to the UCI campus and community.

Chancellor's Award of Distinction - UC Irvine June 2019
Awarded for commitment to research, leadership, and service to the UCI campus and community.

Dean's List - UC Irvine Fall 2015 – Spring 2019

Chancellor's Fellowship for Graduate Study - UC Berkeley March 2019
Full financial support for four years of doctoral studies.

Undergraduate Research Opportunities Program Grant - UC Irvine January 2019
Funding to complete a research study on inattentive blindness in children.

MMHS Pechanga Scholarship - Dollars for Scholars March 2015
Awarded for outstanding academic achievement (funding for first year of college).

Professional Affiliations

Member, American Educational Research Association, 2020 – Present

Member, American Psychological Association, 2019 – Present

Member, School Psychology Social Engagement Committee, UC Berkeley, 2020 – 2021; 2023 – 2024

Member, School Psychology Admissions Committee, UC Berkeley, 2022 – 2023

Member, School Psychology Conference Committee, UC Berkeley, 2021 – 2022

Member, Berkeley School of Education's Research Day Organizing Committee, UC Berkeley, 2019 – 2022

Member, School Social Work Association of America, 2020 – 2021

Member, School Psychology Program Advisory Committee, UC Berkeley, 2019 – 2020

Certifications and Skills

Clinical: Classroom Observation, Clinical Intake, Clinical Interview, Consultee-Centered Consultation, Group Therapy, Individual Therapy, Interventions (Academic, Behavioral, and Social Emotional Learning), Psychoeducational Assessment, Psychological First Aid Certificate, QuaverEd, Report Writing, Treatment Plan

Computer: Berkeley Assessment System Software, Google Drive, Microsoft Office, Qualtrics, REDCap, Stata, WordPress

Design and Editing: Canva, Clip Studio Paint, Webnode, WeVideo

Language: Conversational Spanish

Research: Conference Organizing, Human Research – Social & Behavioral Research Investigators Certificate (Collaborative Institutional Training Initiative Program)